



December 2013

## Fun Holiday Ideas

The holidays are here again, which can mean to a lot of people a ton of planning and stress. Instead of letting yourself get stressed try focusing on the simple things of the holidays and make it fun.

**Make a new tradition.** Sometimes it's fun to try a new tradition. Take a walk with the family and look at Christmas lights, or find a new holiday recipe you all can make together. Another option, if you have older or adult children, one way to make gift giving less stressful is to have an experience versus a gift. It can be a great present and a great experience together.

**DIY (Do It Yourself) activities and presents.** DIY can replace the stress of shopping for gifts and can save money. Everyone can draw a name and then make something for them. Check out ideas on Pinterest, craft/food blogs, magazines, etc.

**Keep it simple and fun.** Each tradition, activity and gift do not have to be over the top, but more something the whole family can enjoy. Whether it is a sleigh ride, skating, making cookies or ornaments; enjoy the simple things and have fun together!

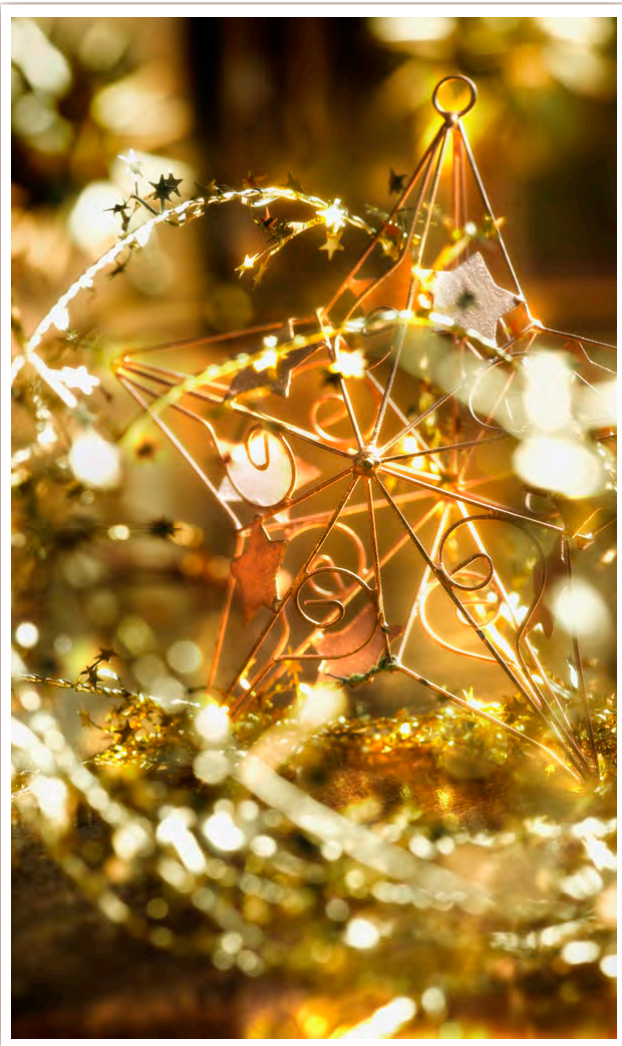
*Check out the Friday Facts each week to get some fun holiday ideas that you and your family can try.*



# Friday Facts

December 6, 2013

## Fun Holiday Ideas: *Deck the Halls*



Decorating the house, inside and out, and trimming the tree can be a fun family activity. Help put up the lights and Frosty outside, then decorate the tree together. You can also make paper chains out of colored paper, and paper snowflakes. Check out sites such as Pinterest and Etsy for do it yourself ideas that you and your kids can make together.



# Friday Facts

December 13, 2013

## Fun Holiday Ideas: *Winter Wonderland*

The simplest thing your family can do together this holiday season is take a walk outside in the snow. Take notice of nature around you, the sparkling snow and the crisp air. Have fun making snowmen, snow angels or forts. You can also go sledding, cross-country skiing or see if your community has sleigh rides.



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# Friday Facts

December 20, 2013

## Fun Holiday Ideas: *Christmas Lights*

A fun tradition your family can start is looking at Christmas lights. Many neighborhoods have house after house decorated with lights. Get your family to hop in the car on a weekend evening and drive around to see how everyone has decorated their homes. You can also drive downtown and see if department stores or businesses have decorated their shops.



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# Friday Facts

December 27, 2013

## Fun Holiday Ideas: *Movie Night*



The holidays can get so hectic with so many outings and things that kids need for school. Plus some winter days can be so much work to get everyone ready and out the door. Take time to relax with your family and watch a movie. Make popcorn or order pizza and make a tradition of watching a holiday movie together.