



May 2013

Seven warning signs of Cancer

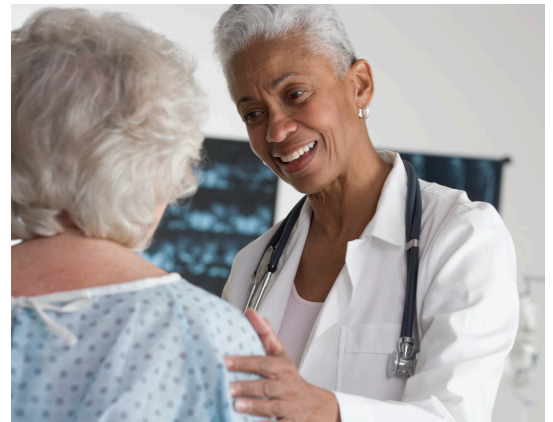
The American Cancer Society has identified 7 symptoms which could be a sign of cancer.

1. **A change in bowel or bladder habits**
2. **A sore that does not heal**
3. **Unusual bleeding or discharge from any place**
4. **A lump in the breast or other parts of the body**
5. **Chronic indigestion or difficulty in swallowing**
6. **Obvious changes in a wart or mole**
7. **Persistent coughing or hoarseness**

If you experience any of these warning signs, you should see your doctor right away. **It does not mean you have cancer**, but it is a sign you should not ignore.

Watch the Friday Facts for some general signs and symptoms.

Source: American Cancer Society





Friday Facts

May 3, 2013

Warning Signs of Cancer: Unexplained weight loss



Most people with cancer will lose weight at some point. An unexplained weight loss of 10 pounds or more may be the first sign of cancer.

This does not mean you have cancer, but it is a sign you should not ignore and should talk to your doctor.

Source: American Cancer Society

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Friday Facts

May 10, 2013

Warning Signs of Cancer: Fever

Fever is very common with cancer, but it more often happens after cancer has spread from where it started. Almost all patients with cancer will have a fever at some point, especially if the cancer or its treatment affects the immune system.

This does not mean you have cancer, but it is a sign you should not ignore and should talk to your doctor.

Source: American Cancer Society



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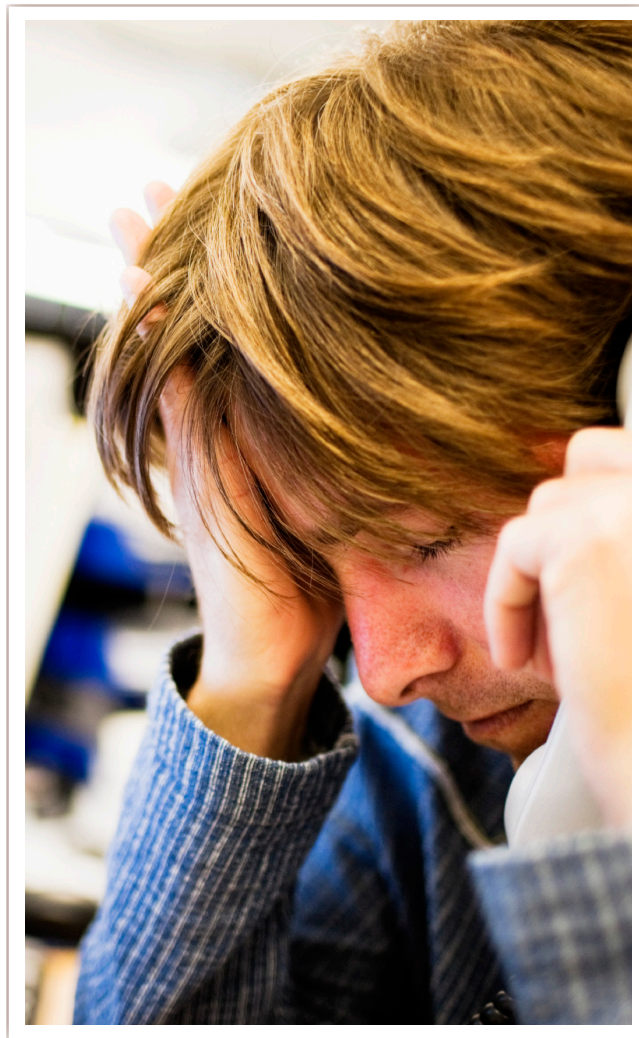
Friday Facts

May 17, 2013

Warning Signs of Cancer: Fatigue

Fatigue is extreme tiredness that does not get better with rest. It may be an important symptom as cancer grows. It can happen early in some cancers like leukemia. Some colon or stomach cancers can cause blood loss. This is another way cancer can cause fatigue.

This does not mean you have cancer, but it is a sign you should not ignore and should talk to your doctor.



Source: American Cancer Society

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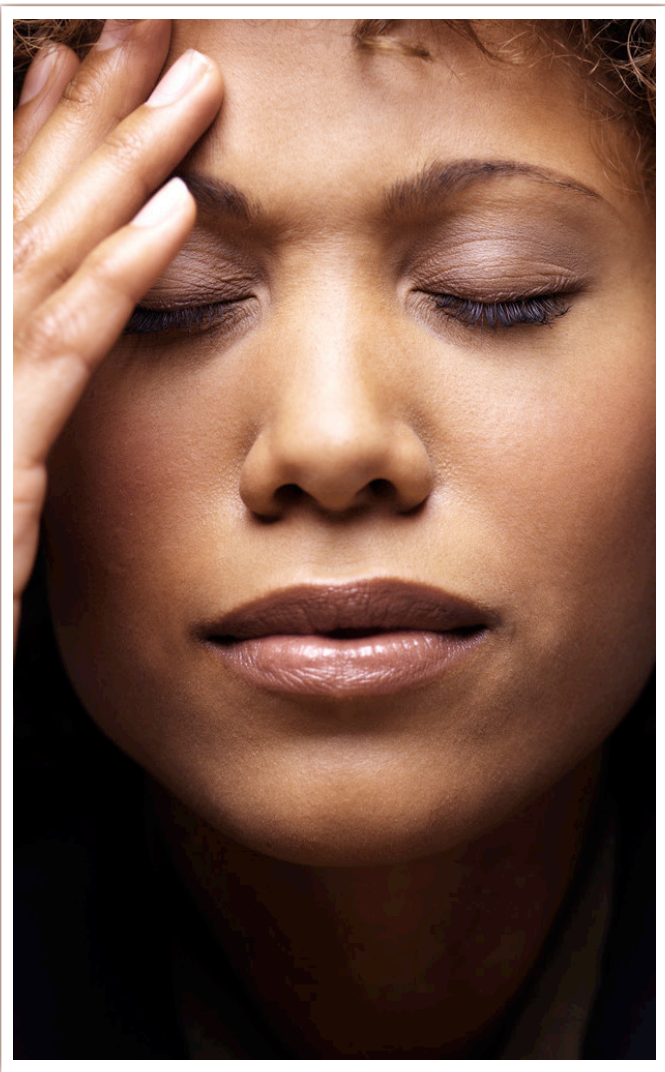
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Friday Facts

May 24, 2013

Warning Signs of Cancer: Pain



Pain may be an early symptom with some cancers like bone or testicular cancer. A headache that does not go away or get better with treatment may be a symptom of a brain tumor. Back pain can be a symptom of cancer of the colon, rectum or ovary. Most often, pain due to cancer means it has already spread from where it started.

This does not mean you have cancer, but it is a sign you should not ignore and should talk to your doctor.

Source: American Cancer Society

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Friday Facts

May 31, 2013

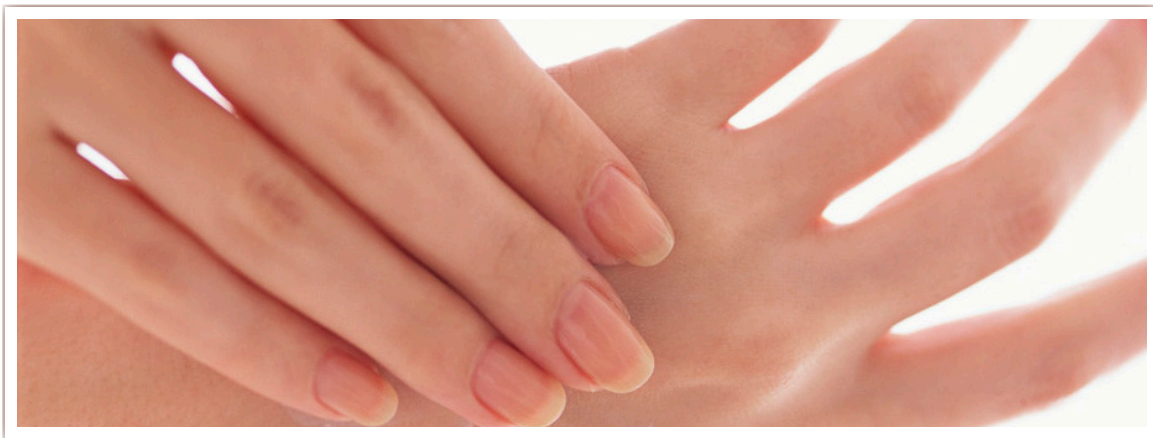
Warning Signs of Cancer: Skin changes

Along with cancers of the skin, some other cancers can cause skin changes that can be seen. These signs and symptoms include:

- Darker looking skin
- Yellowish skin and eyes
- Reddened skin
- Itching
- Excessive hair growth

This does not mean you have cancer, but it is a sign you should not ignore and should talk to your doctor.

Source: American Cancer Society



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